

# Frequently Asked Questions about the "Working Miracles with Performance™" workshop

#### Q. How often do you run these open workshops?

A. 2 or 3 times a year

### Q. How many people usually attend the workshop?

We like to keep the numbers to a small group of around 6 - 12. This allows a non-threatening and safe environment for everyone and gives them opportunity to contribute as they see fit and are comfortable with, and it's a good way to get to know like-minded people who are keen to learn how to use their unused potential.

#### Q. How do people summarise the workshop?

A. As a powerful and dynamic two-days where you are given the tools and techniques to discover how to unlock the unlimited and unused potential we all have within us ... but have never been shown how to use before!

#### Q. Is there like a "therapy session" within the workshop?

A. No. The workshop isn't a "therapy session" ... only "grown-up" discussions about the powerful principles and practices, to which you can contribute as much, or as little as you like.

#### Q. Are there any role-plays?

A. No. There will be no role plays, or syndicate exercises involved ... we won't ask you to come to the front of the class and no-one will be put on the spot!

### Q. What does Working Miracles actually do – it sounds like a powerful name for a workshop?

- A. According to our clients, for the people and organisations who attend ... every single time, the workshop is:-
  - Entertaining So that you really enjoy the experience
  - Practical Equipped with workable tools to enable you to do things differently as soon as they return to the workplace
  - Educational Will gain practical knowledge that works in the real world for everyone
  - Inspirational People believe they can make the necessary changes for themselves and in others
  - Fully supported on-going support after the workshop to ensure the transfer of learning into the workplace

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#### Q. Who delivers the workshop?

A. The workshop is presented by the Chairman of Sewells and author of the best seller, "the guide", a life changing personal development book. Dr. Holden and his team have been providing unrivalled leadership, management, sales and motivational training to companies and individuals for over 30 years.

Possessing a deep understanding of what drives human behaviour, he recognises that the attitudes people choose can affect not only individual performance, but also have an enormous impact on the performance of others.

Highly acclaimed as an international speaker, Dr. Holden has delivered his life and business changing messages all over the world including in Australia, Dubai, Botswana, Saudi Arabia, Hong Kong, Portugal, Spain, Monte Carlo etc and throughout the whole of the UK.

#### Q. What role do you have to be in to be able to attend?

A. Any role, this workshop is for anyone – you may be a Senior Leader in a Blue-Chip Company, an owner of a small business, or a member of team who wants to grow and develop, or a student at University. Because it's delivered in a non-threatening way - people can learn at their own pace. Whether you are attending for corporate reasons such as; Inspiring leadership skills, Managing change effectively or from a personal point of view such as; Self-doubt/self-awareness/Confidence then this workshop is for you.

#### Q. Can we have more than one person from our company attend?

A. Yes, we have either one person from one organisation attends, or we have a couple of people attending from the same organisation and it gives them an opportunity to experience the workshop at the same time and discuss how they will apply what they've learned back into their own organisation. If you're looking for the whole team to attend, then running an inhouse workshop is an option and maybe more effective.

#### Q. What are the start and finish times of the workshop?

A. On the first day, we usually start with registration, tea/coffee and breakfast rolls around 8.30am for a prompt start at 9am through to around 5pm/5.30pm. On the last day, we usually finish around 4pm/4.30pm

#### Q. How much does it cost?

A. The cost for the two-day workshop is £1,995+VAT per person. (Lunch and daytime refreshments are included in the cost for both days). However, we do sometimes have an early-bird rate and volume discounts are also available.

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#### Q. Where are the workshops held?

A. Usually at a venue in the beautiful city of Chester, Cheshire.

The current venue we use is The Rowton Hall Hotel and Spa
(https://rowtonhallhotel.co.uk/)

#### Q. Is there accommodation at the venue where the workshop is held?

A. Yes, we have an allocation of rooms reserved for our delegates and a special reduced rate too. All we ask is you settle your own account on departure as the accommodation isn't included in the workshop cost.

## Q. How long does the workshop impact last? Some workshops I have attended in the past have been great for about a week after and then everything is forgotten.

A. The workshop is run in a structured and inspiring learning environment that ensures delegates continue their improvement in skills development long after the workshop ends. We have delegates that tell us, to this day, they are still applying the techniques they learned on the workshop over 25 years ago! It's not in the knowing ... it's in the doing"

#### Q. What kind of impact will I see as a result of attending the workshop?

A. If you apply the principles and practices learned, then the results will be life-changing ones! Both personal and professional

"Once or twice in a lifetime, if we're lucky, we have an experience that causes a seismic shift in our professional and personal life. Sewells' Working Miracles™ is such an experience ... a true inspiration ... a revelation." NC, Managing Director

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