

## **ZONES OF LEARNING**

	COMFORT ZONE	DOUBTS AND FEAR ZONE	LEARNING ZONE	GROWTH ZONE
			With a little practice I can make	I've now got a "can do", "bring it on" attitude there's next to nothing I can't handle
			the changes	I'm a "role model" and "change
		These changes won't work	I see the benefits and I want to change	agent" for my team mates, who willingly follow my example
State of		I don't believe I can change – or		
mind		deal with the consequences of	I can convince others they can	The more I learn to change, the
	I feel safe and in control	change	do it too!	happier and more fulfilled I am
Behaviours in work	Resistant to any change. Works hard to maintain the status quo	Quietly rallies others to resistant change	Dealing effectively to overcome issues and challenges - and optimising opportunities	Exceeding all objectives by leading by example
•		Always "finding excuses"		Creating an appetite (and
		Lacks self confidence	Developing new and improved skills	confidence) in all around me to grow and develop
			Confidence is soaring	Every day is a new adventure – with barriers and obstacles to overcome, which I do – with relish and wild joy!

Every organisation needs help implementing much needed change to create the performance breakthroughs they need ... get in touch, we love to help!